



# Masters in Professional Coaching South Africa 2009

## The Programme

The second year\* of the Masters in Professional Coaching Programme assists experienced coaches with an established coaching practice, to explore their unique contribution and signature presence in the field of coaching. As an experienced coach this programme will help you to build a greater repertoire for your practice and to underpin your work with a wide variety of theoretical perspectives.

There is also the opportunity to undertake a Masters level research project, which will extend and test your professional practice while contributing tangible results for your organisation and contributing to the development of the coaching profession.

### **Who is it for?**

Experienced coaches who are looking to challenge and enhance their professional coaching practice and achieve Masters level accreditation.

### **What next?**

On successful completion of the Masters in Professional Coaching Programme, you will graduate with a certificate from i-coach academy and a certificate for 60 credits at Level Four from Middlesex University, UK. For those seeking a Masters Qualification, further research modules are required. These modules are co-delivered with Faculty from the Institute for Work Based Learning at Middlesex University, UK.

\* For details on the first year of the Masters Programme see the first year Certificate in Coaching Practice flyer.

Our programme assists you to critically reflect on your experience and knowledge, while integrating new theories and approaches. Since coaching is inherently interdisciplinary, our curriculum draws on broad areas of knowledge that inform the field of coaching. Through a process of experimentation and application, the programme is designed to help you define your unique approach to coaching. Instead of memorising the 'right' answers or behaviours, our Faculty act as facilitators encouraging you to discover principles for yourself and to build knowledge by working with others.

Learning to become a coach is a voyage of discovery that can be an intense, emotional and challenging experience. We don't believe in taking shortcuts and the journey is sometimes difficult. However, by the end you will be a competent and compassionate coach.

### **Learning Modules**

You will attend four learning modules that provide opportunities to meet with Faculty and your learning cohort to exchange information about professional practice, participate in learning activities, listen to presentations on relevant topics and establish relationships with others whose interests and work parallel your own.

### **Embedding the Learning**

Between learning modules you will continue to practice coaching, experiment with new approaches with your learning cohort and engage in your own coaching, reflective work and supervision. Activities which support you to integrate your learning and evolve your coaching practice include the following:

#### **Supervision Days**

You will also participate in supervision days dedicated to reviewing case work using multiple perspectives to enhance your understanding of your own professional practice and yourself.

#### **One-to-One Coaching**

Research suggests that receiving coaching acts as a role model and embeds coaching skills. Between each module, participants are required to receive coaching with an experienced coach. Each participant is required to receive 24 hours of coaching. This coaching is at your own cost.

#### **Applied Coaching**

You are required to deliver a minimum of 48 hours of coaching during this programme. We encourage you to have at least two coaching clients. Whilst the community can support you to find clients, it is useful if you have a group to draw on, preferably not family.

1. Assignment One (Essay and mini portfolio)
2. Assignment Two (Essay and mini portfolio)
3. Ongoing assessment by Faculty
4. Professional Review (Masters Level) including presentation, interview and feedback exercise
5. Learning Journey Document - critical reflective portfolio of your learning journey

## Time Commitment

We have designed the programme so that you can complete your studies around work and other commitments.

### Masters in Professional Coaching Programme

- Attend four learning modules - 14 days in total
- Attend four supervision days
- Participate in continued professional development with your learning cohort
- Deliver a minimum of 48 hours of applied coaching
- Receive a minimum of 24 hours of coaching
- Work independently for a minimum of six hours or more each week on activities such as reflective practice/ journaling, reading and course work

### Research Modules (for those seeking a Qualification)

For those wishing to conclude the Qualification, you will need to attend a further one day research induction, receive research supervision and participate in a presentation.

## Application Requirements

1. To enter the second year of the Masters Programme you need to have successfully completed the first year programme. Alternatively those with extensive coaching experience and coaching training equivalent to the first year i-coach academy programme can participate in a Conversion Module which includes a Professional Review (Practitioner Level).
2. An academic qualification in a related subject area such as business, counselling, sports coaching or performance management is useful. However, in absence of academic qualifications, previous experience (five years plus) in business, leadership, counselling or sports coaching will be considered.

## Provisional Programme Dates

<b>Application Deadline</b>	23 January 2009	<b>Supervision</b>	7 August 2009
<b>Module One</b>	17 - 20 February 2009	<b>CPD</b>	Cohort Organised
<b>Supervision</b>	20 March 2009	<b>Module Three</b>	2 - 4 September 2009
<b>CPD</b>	Cohort Organised	<b>Supervision</b>	9 October 2009
<b>Module Two</b>	20 -22 May 2009	<b>CPD</b>	Cohort Organised
<b>Supervision</b>	19 June 2009	<b>Module Four</b>	1 - 4 December 2009
<b>CPD</b>	Cohort Organised	<b>Research Induction</b>	February 2010



## Fees

- Programme Fee including Certificate of Credit 60 Level Four credits Middlesex University - R55,000 + VAT
- Additional fee for those who want a Masters Qualification which involves the completion of a further Masters Research Module - £3,400 + VAT (R48,400 + VAT).

\* **Please note we charge an additional R1,200 + VAT for those who wish to pay in tranches.**

\*\* Participants will need to pay for received coaching in addition to the course fee. You will learn the most from coaches who are well established in the field and therefore we recommend that you choose the best coach that you can afford. However, for those who wish to keep costs at a minimum, we can recommend a number of our current alumni who will offer coaching services at a more affordable rate.

\*\*\*For details on entry options and pricing, see relevant Conversion and Certificate Programme flyers.

## Cancellation Policy

A deposit of 20% of the programme fee is due upfront and the balance is due at least 10 working days prior to the commencement of the programme, although different payment methods are available as assessed on a case by case basis. If a student enrolls on a programme and withdraws more than 30 working days prior to the start of the programme they will receive a 10% refund of the deposit; if they withdraw 30 working days or less 20% of programme fees are forfeit; if they withdraw 10 working days or less fees are due in full. If a student enrolls on a programme and is then found to be unsuitable to continue the programme, fees are due for the modules attended plus an administration fee.

## How to Apply

1. **Complete Conversion Module or Certificate Programme** - Successfully complete and pass all assessment in these programmes. For details on entry options, see relevant Conversion and Certificate Programme flyers.
2. **Written application** - Complete and send an application form and one passport sized photo to i-coach academy (Pty) Ltd, 13 Zandberg Street, Somerset West, 7140.
2. **Deposit** - Pay 20% of your MA programmes fees to secure your place on the programme and receive Module One Preparation Pack.
3. **Full payment** - Pay the balance of your programme fees at least 10 working days prior to the commencement of the programme, unless otherwise agreed. Please note we charge an additional R1,200 + VAT for those who wish to pay in tranches.

## Further Information

For further information please refer to our website [www.i-coachacademy.com](http://www.i-coachacademy.com) or contact Barbara Ferreira on 082 498 0812 or email [southafrica@i-coachacademy.com](mailto:southafrica@i-coachacademy.com)