

### The Programme

The second year of the Masters in Professional Coaching Programme consists of the professional learning module – Mastery in Professional Coaching and research modules. The Mastery in Professional Coaching module assists experienced coaches with an established coaching practice to explore their unique contribution and signature presence in the field of coaching. As an experienced coach this programme will help you to build a greater repertoire for your practice and to underpin your work with a wide variety of theoretical perspectives.



For those seeking a qualification, there is also the opportunity to undertake a Masters level research project, which will extend and test your professional coaching practice, whilst offering tangible results for your organisation and contributing to the development of the coaching profession.

### Who is it for?

Experienced coaches who are looking to challenge and enhance their professional coaching practice and achieve Masters level accreditation and/or qualification.

### Entry Requirements

To enter the second year of the Masters programme you need to:

- hold an academic qualification in a related subject area such as business, counselling, sports coaching or HR. In the absence of academic qualifications previous experience (a minimum of five years) in business, leadership, education, counselling or sports coaching will be considered.
- have successfully completed the Certificate in Coaching Practice or for those with extensive coaching experience and coaching training equivalent to the i-coach academy Certificate in Coaching Practice, there is an entry pathway through participation in a conversion module which includes a professional review at i-coach academy Senior Practitioner level.

### Accreditation

i-coach academy offers accredited programmes with routes to Masters and Doctorate Qualifications from the Institute for Work Based Learning at Middlesex University, UK. All i-coach academy pathways are also professionally accredited by the European Mentoring and Coaching Council (EMCC). On successful completion of the Mastery in Professional Coaching module you will graduate with an i-coach academy certificate with an EMCC EQA Master Practitioner award and a certificate of credit from Middlesex University for 60 post graduate level 7 credits.

### Learning Philosophy

Our programme assists you to critically reflect on your rich experience and knowledge, while integrating new theories and approaches. Since coaching is inherently interdisciplinary, our curriculum draws on broad areas of knowledge that inform the field of coaching. Through a process of experimentation and application, the programme is designed to help you evolve your unique approach to coaching. Instead of memorising the 'right' answers or behaviours, our Faculty act as facilitators encouraging you to discover principles for yourself and to build knowledge by working with others.

Our faculty are all practising coaches in addition to their contributions as consultants, facilitators, authors and researchers. Many are considered thought leaders in their respective fields and most work internationally with individuals and organisations.

Learning to become a coach is a voyage of discovery that can be an intense emotional and challenging experience. We do not believe in taking shortcuts and the journey is sometimes difficult, however by the end you will be a confident coach well attuned to your unique strengths and talents.

## Learning Journey

The programme is part-time and thus manageable for working professionals. The teaching components are delivered over four learning modules of three or four days each. You are also expected to attend four supervision days and four continued professional development (CPD) days, one of each between each learning module.

During the learning modules you will work with faculty and your learning cohort to explore more about relevant theories, techniques and concepts underpinning professional coaching practice whilst also experimenting with new techniques and receiving feedback to enhance your skills. Subject areas will include, but are not limited to; the Existential-Phenomenological Approach to Coaching, Gestalt Approaches to Coaching, Personal Construct Psychology Approach to Coaching, Self Organised Learning and Learning Conversations, Psycho-Analytical Approach to Coaching, Adult Development, Practitioner Research, Coaching for Alignment, Organisation Development and Coaching.

### Embedding the Learning

Between learning modules you will continue to experiment on your coaching practice with your learning cohort and clients. You will also receive coaching and supervision and engage in self study activities such as reading and critical reflective journaling. The core activities in the learning design which support you to integrate your learning and evolve your coaching practice include:

- Continued Professional Development Days (four days)
- Supervision Days (four days)
- Applied Coaching (minimum of 500 hours)
- Received Coaching (24 hours at your own cost)
- Reading, Reflective Journaling and Assignments – estimate four hours a week during the programme

### Assessment

You will be assessed on the programme in the following ways:

1. Two essays reviewing a theoretical approach to coaching and a mini-portfolio per assignment
2. Continuous Assessment through the programme
3. Professional Review (Presentation, Criteria Based Interview, Feedback Activity and Reflective Assignment)  
– i-coach academy Masters Level
4. Learning Journey Document – critical reflective portfolio of your learning journey which includes a case study (5,000 words) and all required appendices

### Research modules

For those wishing to conclude with a Masters in Professional Coaching qualification you will need to complete WBS 4835 Programme Planning and Research Portfolio followed by WBS 4861 Research Project. Research supervision and support will be delivered by Middlesex University supervisors.

## Next Steps

To learn more join us at an open evening in London or call us to arrange an individual appointment. For details of the dates of future programmes, fees, application deadlines and our terms and conditions please see [www.i-coachacademy.com](http://www.i-coachacademy.com)